

OVER THE COUNTER MEDICATIONS TO AVOID

Certain over the counter medications can effect the ability of the body to form blood clots and stop bleeding. The following list is some of over the counter medications which are known to cause an increase in bleeding tendencies and should be ***avoided two weeks before and two weeks after surgery***. This is *not* a comprehensive list as most over the counter medications have not been tested for their effects on bleeding or photosensitivity. If you have any questions about medications you are taking, please talk with Dr. Verret. In the end, it is safer to avoid the medication if at all possible for ***two weeks before and two weeks after surgery***. Please talk with Dr. Verret about any prescription medications you are taking before discontinuing them.

Aches-N-Pain	Children's Advil
Advil	Children's Motrin (Ibuprofen)
Aleve	Chinese skullcap root
Alka Seltzer Effervescent Pain Reliever & Antacid	Clinoril
Alka Seltzer Plus Cold Medicine	Colrex
Anacin Analgesic Tablets & Capsules	Congesprin
Anacin Maximum Strength Capsules	Coricidin CD
Anacin Maximum Strength Analgesic Tablet	Coricidin Demilets Tablets for Children
Arthritis Bayer Timed Release Aspirin	Coricidin Medilets for Children
Arthritis Pain Formula	Coricidin Tablets
Arthritis Strength Bufferin	Coragesic
Asian ginseng	Da huang
Ascriptin	Dan shen root
Aspergum	Decajen
Aspirin	Devil's claw
Aspirin Suppositories	Diclofenac
Bayer Aspirin	Diflunisal
Bayer Children's Chewable Aspirin	Dolobid
Bayer Children's Cold Tablets	Dong qual
BC Tablets	Dristan
Bilberry	Duradyne
Black cohosh rhizome	Dynasol
Black currant	Echinacea
Bladderwrack	Easprin
Bromelain	Ecotrin Tablets
Bufferin	Ecotrin Maximum Strength Tablets
Cama Arthritis Pain Reliever	Empirin
Cama Inlay	EnTab 650
Carpon	Ephedra
Cayenne fruit	Etodolac
Celery plant	Evening primrose seed oil
	Excedrin



Extra-Strength Bufferin Capsules & Tablets	Papaya
Feverfew	Pasibar
Fish Oil	Persistin
4-Way Cold Tablets	Phenergran
Garlic	Phenotron
German chamomile	Poplar
Ginger	Presalin
Gingko Biloba	Quiet World
Ginseng	Red clover
Gemnisyn	Reishi fruit bodies
Goody's Powder	Rindecon
Halfprin	Rhinogestic
Haltran	Ru-Tuss
Horse chestnut	St. John's Wort
Ibuprofen	St. Joseph Aspirin for Children
Indocin	St. Joseph Cold Tablets for Children
Indomethacin	Sine-Off Sinus Medicine, tablets, Aspirin
IPAC	Sine-Aid
Kava	Sinutab
Lanorinal	Sulindac
Licorice	Sweet birch bark
Lodine	Sweet clover
Magnaprin	Sweet scented bedstraw plant
Meadowsweet	Sweet vernal grass leaves
Medipren	Tamarind
Meptogestic	Therapy Bayer
Midol	Tonka bean seeds
Mobigesic	Trendar
Momentum	Triaminic Tablets
Mortin IB	Trigesic
Naprosyn	Turmeric root
Naproxen	Ursinus
Norwich Aspirin & Extra Strength Aspirin	Valerin
Nuprin	Vanilla leaf leaves
Onion	Vanquish
Orudis/Ketoprofen	Vitamin E
PAC	Voltaren
Pamprin IB	Willow bark
Pan PAC	Wintergreen
Panax ginseng	Woodruff plan
Papain	

***Remember – Stop using these medications for at least 2 weeks before
and 2 weeks after surgery***



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